

# Embracing the Now



Lynda Cole has practiced psychospiritual counseling therapy in the nondual tradition since 1985. This will be Lynda's third visit to the Aurora area.

## Lynda Cole

*Lynda invites you to discover for yourself that what you are looking for is already and always inside you.*

## Eckhart Tolle

*Eckhart personally supports Lynda in sharing his teaching with others.*

**Fri. March 28th 7pm–9pm**

\$15 donation if pre-registered \$20 at the door

**Sat. March 29th 10am–4pm**

\$70 pre-registered \$75 at the door

Please bring  
a bag lunch &  
drinks.

**Pre-register for both events \$85 & save \$10**

### Matrix Repatterning Center

33 Victoria St. Aurora, On.

Nearest cross street: Yonge and Wellington, Victoria St. runs south off Wellington, one block east of Yonge.

**Private sessions are available.**

info about Lynda Cole; [www.lyndacole.org](http://www.lyndacole.org)

To pre-register email [lynda@lyndacole.org](mailto:lynda@lyndacole.org)

local contact Andrea Roth at 905-505-1324 [info@yogaforlife.ca](mailto:info@yogaforlife.ca)